

The Right Approach

No single approach suits all injuries, movement restrictions, stability, strength and conditioning issues.

A Principle Four Osteopathy practitioner is qualified to thoroughly investigate and determine the underlying causes of your physical condition and recommend the right treatment approach from a range of Principle Four Osteopathy services.

“We aim to provide you with a professional, tailored approach to your health & wellbeing”

— Dr Heath Williams

Principles Four Osteopathy will provide you with access to the most up-to-date clinical methods and feeling confident about a quick return to optimum wellbeing.

Hands-on
Clinical
Osteopathy

Functional
Movement
Screening

Exercise
Prescription

Ergonomic
Assessment

Did you know we also have a city clinic at 29 Somerset Place (near the corner of Little Bourke and Elizabeth St)

Book an appointment online at www.principlefourosteopathy.com or call **03 9670 9290**

